

# Relieving the Hunger

*Serving  
25 Million People*



## 25 Project Ideas for Relieving Hunger

1. Sponsor a community food drive to replenish a local food pantry.
2. Volunteer to deliver prepared meals to elderly citizens.
3. Organize a feeding program at a local school to provide healthy, nutritious meals.
4. Prepare and deliver food baskets to families in need.
5. Serve meals at a soup kitchen or homeless shelter.
6. "Adopt" a family that is struggling to put food on their table. Take them shopping for fruits and vegetables.
7. Organize an event to benefit the food bank in your community; use cans of food as admission.
8. Hold a hunger walk and use proceeds to buy food for a children's orphanage or shelter.
9. Create snack packages to be distributed to children in need.
10. Collaborate with other service organizations in the community to take turns hosting a meal for needy people.
11. Partner with local restaurants or food markets. Pick up donations of fresh food items for a women's or children's shelter.



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12. Create a cookbook of inexpensive, easy-to-make recipes.
13. Start a food co-operative to serve as a resource for healthy food at a more affordable price.
14. Accompany and assist a person who is blind with food shopping.
15. Collect infant formula and baby food for an organization serving young mothers at risk.
16. Provide a healthy snack or meal for a group of needy children who are in an after – school program.
17. Work with healthcare professionals to provide free classes on nutrition and food preparation.



18. Provide apples or another type of fruit as a healthy snack for children in childcare facilities.
19. Provide transportation for elderly residents so they can shop for food.
20. Teach children to bake a loaf of bread that they can take home to their family.
21. Invite a local food bank representative to speak at a club or district meeting.
22. Work with schools to provide needy children with backpacks supplied with food for periods when school is not in session.
23. Host a picnic or BBQ at a park for the local community.
24. Help local residents establish a community vegetable garden where they can grow their own food.
25. Arrange a demonstration of proper hand washing for local school children.

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